

Guidelines for Sweet Potato Contest 2009 REVISED

There is NO (that means FREE Entry) entry fee per dish and there will be a cash prize. Come early to the event and participate in all the Centennial 4-H Celebrations. There will be a live auction during the judging!

Rules and Regulations

1. Any interested individual may enter the contest. However, each family is only allowed one entry per family in no more than 2 categories. This however does not apply to youth who have their own category and judging.

2. The categories are as follows:

Entrees Soups Desserts Breads

All Casseroles will be considered entrees!



3. An entry form must be received by October 30, 2009. Mail to:
StokesCORE, P.O. Box 1163, Walnut Cove, NC 27052

Attached is an entry form.

4. On the day of the judging, a recipe sheet must accompany each dish, and it must be printed or typed on an 8 ½" x 11" sheet of white paper. The front of the recipe sheet must include:

Name of Dish
Category
List of all Ingredients
Exact Measurements
Preparation Steps
Number of Servings

The back of the recipe sheet must include: DO NOT write participant's name on front of recipe.

Name
Address
Phone Number

5. Each recipe must use a minimum of ¾ c (6 oz) sweet potatoes.

6. Food entries must be brought to the Kirby Creek Ranch in Pinnacle by 12:00 noon on November 7, 2009. Judging will begin at 12:00pm.

7. The judging will be considered as follows:

20% appearance
45% taste
20% texture
15% creativity and use of sweet potatoes

8. All entries must follow appropriate guidelines/recommendations regarding healthy practices for food preparation, storage, and handling.

9. If entry needs to be chilled or kept warm, bring in cooler or insulated container. Temperatures will be checked upon arrival. Due to health risks and safety precautions, any dish, which does not meet the correct temperature (whether hot or cold), will be disqualified.

10. All entries must be in disposable dishes or platters.

Sweet Potato Competition Entry Form



Name: _____

Address _____

Phone _____

Name of Dish _____

Category: (circle one) Entrée Soup Dessert Bread

Youth Entry (11-18) _____

Adult Entry: _____

Forms must be received by October 30 to be eligible for competition.

Entries must be submitted to: StokesCORE, P.O. Box 1163, Walnut Cove, NC 27052

You must bring your food entry and recipe sheet to the Contest for judging no later than 12:00 noon on Saturday, November 7, 2009.